



Ingredient Info

Apricot Kernel Oil:

Beneficial for people with sensitive skin. Non irritating, soothing, softens, smoothes, absorbs into the skin. Great for revitalizing dry skin. Since it is light, it doesn't leave an oily residue on your skin. Moisturizing properties last for a long time. Great face oil its light finish makes it so it aides in improving skin tone. Nourishes the skin, reduces the signs of aging. Aids in skin healing and infection fighting, delivers nutrients to the skin. Anti-inflammatory- fights inflammation. Anti-aging. Anti-septic. Rich in antioxidants, can tone and tighten skin. Contains retinal- to fight wrinkles. Oleic acid and linoleic acid- unsaturated fats great emollient. Sources: Essentialoilexperts.com ; Madewithoils.com

For Hair: promotes hair growth, prevents breakage, useful for dry scalp, softens.

100 gm of the oil contains: Omega 9 fatty acids- responsible for rich emollients, Omega 6, Vitamin E- 100 gm of the oil gives you 205 RDI of Vit E. Source: USDA Healing Agent- Moisturizer- IMPROVES CELL HYDRATION Source: oilhealthbenefits.com

Sweet Almond Oil:

High in Vitamin E- Supplying over 200% of Daily Requirements. Rich in Vitamin K, B-Complex vitamins, Omega 6 fatty acids- supple skin

Benefits: Protects skin from damage, Moisturizes the face. Reduces inflammation. Boosts hair health. Treats sunburn. Scars, blemishes, skin elasticity and wrinkles. Has wound-healing capabilities. Improves hair health and thickness Source: 2010 Research paper- "Complementing therapies in Clinical practice Journal" from www.organicfacts.net

Vitamin E: Vitamin E is both a nutrient and an antioxidant. According to the National institutes of health office, it helps neutralize free radicals, which damage cells. It is a powerful Fat-soluble antioxidant which can rejuvenate your skin and overall health. In its purest form it is extremely versatile.

10 benefits:

1. Makes the nerves stronger and helps in nourishing your skin from within.
2. Treats stretch marks
3. Lightens scars
4. Helps with Muscle spasms
5. Anti-aging
6. Acts as a moisturizer
7. Treats dark circles
8. Treats sunburns
9. Acts as a cleansing agent while maintaining your skin's oil balance.
10. Helps treat chapped lips

Vitamin E has become an essential part of most skin care regimens

Because of its antioxidant activity, Vitamin E is vital in protecting skin cells from ultra violet light, pollutions, drugs, and other elements that produce cell damaging free radicals. The Vitamin E benefits for healthy skin care also include its ability to regulate Vitamin A in the body, which is important for healthy skin. Vitamin E added to skin care products plays a role in anti-aging. It helps skin look younger by reducing the appearance of fine lines and wrinkles. It is great for skin protection and sunburns. Also helps with psoriasis and eczema, scars, and stretch marks.

Source: Healthyskincare.com USDA- Vitamin E